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18th September, 2023,

Deputy Duncan Smith Dáil Eireann, Leinster House, Kildare Street, Dublin 2

Dear Deputy Smith,

The Health Service Executive (HSE) has been requested to reply directly to you in the context of the following Parliamentary Question, which was submitted to this Department for response.

PQ Number: 38060/23

To ask the Minister for Health to provide the latest figures on the number of people affected by dementia and Alzheimer's and their breakdown according to age groups and severity; and if he will make a statement on the matter.

Dementia is a chronic, multi-factorial and progressive condition. It is not a disease in itself but an umbrella term for a range of conditions, which cause changes to the brain. There are over 400 subtypes of dementia, with the most common form being Alzheimer's disease, followed by vascular dementia and mixed Alzheimer and vascular dementia. Other common forms of dementia include Dementia with Lewy Bodies (DLB), Fronto Temporal Dementia and less common types such as Huntington's disease, Parkinson's disease dementia and Creutzfeldt-Jakob disease (O'Shea et al. 2018).

The process for determining dementia severity is complex and requires consideration of many different factors. These factors include the vast array of dementia subtypes outlined above, the various symptoms and functional impairments that each dementia subtype presents with, the fact that each person living with dementia is distinct and as such their presentation is multifactorial and variable, and finally as people age their risk of developing other frailty markers and comorbidities increases. Existing comorbidities and respective medications being used to treat them, can often have a significant impact on the cognitive and functional status of a person with dementia and thus, level of severity. There is currently no national data collection system in place to categorise dementia severity in Ireland.

At present, it is estimated that there are approximately 64,000 people living with dementia in Ireland; this number is expected to rise to 150,000 by 2045. Please see table 1 below which outlines the estimated number of people affected by dementia versus their age.

 Table 1: Estimated number of persons living with dementia in Ireland vs Age (Health Atlas Ireland, HSE: data generated 2020)

 Estimated Prevalence 2020

 Estimated Prevalence 2020

| | Estimated Prevalence 2020 | | | Estimated Prevalence 2045 | | |
|-------|---------------------------|--------|-------|---------------------------|--------|-------|
| Age | Male | Female | Total | Male | Female | Total |
| 0–4 | 0 | 0 | 0 | 0 | 0 | 0 |
| 5–9 | 0 | 0 | 0 | 0 | 0 | 0 |
| 10-14 | 0 | 0 | 0 | 0 | 0 | 0 |
| 15-19 | 0 | 0 | 0 | 0 | 0 | 0 |

| 20-24 | 0 | 0 | 0 | 0 | 0 | 0 |
|--------------------|--------|--------|--------|--------|--------|---------|
| <mark>25–29</mark> | 0 | 0 | 0 | 0 | 0 | 0 |
| <u>30–34</u> | 299 | 159 | 458 | 376 | 187 | 563 |
| 35-39 | 348 | 189 | 537 | 373 | 188 | 561 |
| 40–44 | 373 | 194 | 567 | 334 | 170 | 504 |
| <mark>45–49</mark> | 348 | 177 | 525 | 315 | 161 | 476 |
| <mark>50–54</mark> | 319 | 161 | 480 | 298 | 154 | 452 |
| <mark>55–59</mark> | 286 | 147 | 433 | 293 | 159 | 452 |
| <mark>60–64</mark> | 255 | 1180 | 1,435 | 336 | 1,679 | 2,015 |
| <mark>65–69</mark> | 1,993 | 1,601 | 3,594 | 3,130 | 2,618 | 5,748 |
| 70–74 | 2,964 | 3,687 | 6,651 | 4,892 | 6,214 | 11,106 |
| 75–79 | 4,576 | 5,484 | 10,060 | 8,824 | 10,530 | 19,354 |
| <mark>80–84</mark> | 5,790 | 8,205 | 13,995 | 13,798 | 18,534 | 32,332 |
| 85+ | 7,019 | 18,389 | 25,408 | 24,634 | 51,936 | 76,570 |
| TOTAL | 24,570 | 39,573 | 64,143 | 57,603 | 92,530 | 150,133 |

It should be noted, that the Dementia Model of Care which was published on May 31st, 2023. The model outlines pathways of care for all people living with dementia; from identification of symptoms/signs, through to assessment, diagnosis, and communication of a diagnosis, care planning and post-diagnostic support. The model sets out a range of targets and practice recommendations to advance the treatment, care and support for those living with dementia in Ireland.

The HSE remains committed to the development of services for older people, including dementiaspecific care services that support people with dementia to live as independently, and for as possible in their own homes.

Kind Regards,

Tant buyer

Ms Janette Dwyer Assistant National Director, Services for Older People, Change & Innovation